



N Savya

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PROFILE SUMMARY

Doctoral candidate in management at IIM Indore with a background in psychology and behavioural sciences. Research interests in areas of Social Psychology, Positive Psychology, and Indian Psychology. Qualified in competitive exams of UGC NET and GATE. Experienced in counselling, teaching, research, and interdisciplinary projects, with a focus on area of organizational change and culture and psychological health and well-being.

EDUCATIONAL QUALIFICATIONS		
Doctoral Programme in Management- Humanities and Social Sciences (HSS)	Indian Institute of Management, Indore	July 2024- Present
MSc. Applied Psychology	Pondicherry University	June 2019- May 2021
BSc. Psychology	PSG College of Arts & Science, Coimbatore, Tamil Nadu	June 2016- May 2019
Higher Secondary Education (12 th)	Bhavan's Adarsha Vidyalaya, Kakkanad, Kerala	May 2015- May 2016
Secondary Education (10 th)	Campion School, Edappally, Kerala	May 2013- May 2014

ACADEMIC AND RESEARCH INTERESTS
Organizational Culture, Social Psychology, Positive Psychology, Indian Psychology, Interpersonal Dynamics and Collaboration, Organizational Change and Development.

INTERNSHIPS AND CERTIFICATION COURSES		
• Yoga Instructor Course (YIC) at S-VYASA (Swami Vivekananda Yoga Anusandhana Samsthana) Yoga University in Jigani, Karnataka		May 2017
• Certificate course in Functional English at PSG College of Arts and Science, Coimbatore.		May 2018
• Internship in Ayurvedic Psychiatry at Government Ayurveda Research Institute for Mental Diseases (GARIM), Kottakkal, Kerala		May 2018
• Internship in career counselling and mental health and well being Santhwana Institute of Counselling and Psychotherapy, Kochi, Kerala.		May 2018
• Orientation to Clinical Psychology for early career professionals workshop at National Institute of Mental Health and NeuroSciences (NIMHANS), Bangalore		Feb 2020
• Clinical and Counselling Skilled based programme (Online) at Human Care Foundation, Calicut, Kerala		January 2021
• Neuropsychology, interdisciplinary and alternative practices in medicine internship at Bangalore Neuro Centre, Malleswaram, Bangalore.		March- April 2021

PROJECTS & RESEARCH PAPERS	
Research Papers and Academic Projects	Savya, N., Prapanna Sri, A. S., & Naachimuthu, K. P. (2022). COVID-19 Lockdown on Quiet Ego and Impostor Syndrome. <i>Indian Journal of Health & Wellbeing</i> , 13(1).
	Savya, N., & Naachimuthu, K. P. (2022). Psychosocial Determinants of Name Dropping: A Conceptual Framework. <i>Madhya Bharti-Humanities and Social Sciences</i> , 83(14), 1-12.

	Worked as co- principal investigator for Indian Council of Philosophical Research (ICPR), Ministry of Education, Government of India funded research project titled “Thiruppugazh as a therapeutic intervention in reducing stuttering among school children” for a period of 6 months (March 26,2023-August 2023).	
Research Papers presented in conferences	Presented a paper titled- " <i>Designing and Validation of a Training Module of Pratyahara</i> " at Tr̥tīyam, Viśva-Veda-Vijñāna- Sammelanam (VVVS) National level convention on "Vedic and Modern Sciences: Insights, Interfaces and Integrations" in Pune.	10th - 13 th Jan, 2018
	Presented a paper titled- " <i>Psychosocial Determinants of Name Dropping: A Conceptual Analysis</i> " at the International Conference on “Innovations in Health Interventions: Traditional, Complementary and Alternative Methods (TCAM) In Holistic Health Care", University of Hyderabad.	10 th -11 th Nov 2022

WORK EXPERIENCE AND POSITIONS OF RESPONSIBILITY

PSG College of Arts & Science	Assistant Professor, Department of Psychology (Govt. Aided) Assistant Professor, Department of Psychology (Self- Financed)	March 16 2022- May 30, 2024
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ACADEMIC EXAMS QUALIFIED AND EXTRA CURRICULAR ACTIVITIES

Academic exams	<ul style="list-style-type: none"> • Qualified for Graduate Aptitude Test in Engineering (GATE) in XH- Humanities and Social Sciences (Psychology) in 2023. • Qualified for NET (Assistant Professor only) in Psychology for UGC National Eligibility Test (NET))exam held on November 2021 and June 2023.
Extra curricular activities	<ul style="list-style-type: none"> • Prizes and awards won at district and state level cultural competitions for classical music, poetry and singing.
Other Interests	<ul style="list-style-type: none"> • Trained Classical singer, and done playback and track record for various albums and have conducted concerts. • Trained in Yoga and Meditation.